



Conditions Menstruation Stations (MS)/NF Distribution Points

Priorities for placement MSs at locations

- At (publicly) accessible locations where there is as much traffic as possible from people with different backgrounds.
- On the other hand, it is also important that the MS is in a place with some privacy so that people who experience shame or taboo dare to grab the necessary products.
- In locations where we reach people who are most at risk (e.g. asylum seekers' centers/shelters for undocumented/homeless people, community centers in areas with high poverty rates, etc.)
- Access without barriers; people should be able to take the products they need in the quantity they want for free and without asking permission.
- If an MS is placed near toilets; whenever possible, the MS is not hung in the women's toilet but just outside the toilets to ensure that everyone has access to the necessary products, regardless of gender identity.

What we expect from locations

- One contact person per location in a serving role as location coordinator.
- Clear and timely communication via the location coordinator about the stock and/or any defects of the MS cabinet so that Neighborhood Feminists can ensure that the cabinet is filled and in good condition at all times.
- Location helps, if possible, with raising awareness about period poverty and making it a topic of conversation. In this way, the MS location becomes both a distribution and education location.
- Possibly the possibility to leave extra products at the location so that the location coordinator can refill products between NF deliveries.

Menstruation Stations info

- The Menstruation Stations have an information sheet on them with a short explanation and a QR code that leads to our website page with a more detailed explanation and an overview of all available MS locations in Amsterdam.
- NF supplies and installs the MS. The most common MS cabinets have the following dimensions: 30 x 18 x 50 cm, and 80 x 35 x 81 cm. NF repairs the MS if necessary.